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PROFILE

I am an artist with a strong background in mindfulness practices who currently works independently with youth and the elderly community in Brooklyn. I also run an arts education non-profit I founded called The Love Yourself Project. I also have a private practice in life coaching since 2006.

EXPERIENCE

Artist, Brooklyn, NY – 1990 - Present

Promote environmental, political, social and self reflection through photography, painting, installation, and sculpture. Teach and lead art workshops that support and promote skill building, social engagement, self reflection/empowerment.

Life Coach, Create Art Live Mindfully (CALM), Brooklyn, NY – 2006 - Present

C.A.L.M. is a tool I created for clients to explore and learn about the practice of art. Each client gets to explore life in a way which speaks to self empowerment. I use art to help them find their voice.

Educator/Director, The Love Yourself Project, Brooklyn, NY – 2010 - Present

Facilitate workshops and programs to inspire self worth and skill building. Work with underserved children of all ages, creating safe spaces to be self express, building social engagement projects through community team relationships. I use mindful and meditation technique to help participants to focus. As director I facilitate the daily business of the organization and coordinate volunteers.

Educator, Jubilee Senior Center, Lee House, SAGE LGBTQ Senior Center, NY – 2014 - Present

Create engaging and meaningful programs for the elderly utilizing art, dance, skill building and mindful activities. Provide participants with opportunities to continue activities outside class, create a safe and nurturing environment to inspire sharing and self-expression. Create curriculums and record evaluations for my own self-improvement goals.

Gallery Owner, Michael Mut Gallery, Lower East Side, NY – 2009 - 2014

Art space (MM Project Space) featured underrepresented populations such as LGBTQ, women, and minorities. Raised awareness of the function of an art gallery. Curated more than 45 empowerment, political and edgy provocative exhibitions to inspire the community to participate. Build community bridges and inspire community involvement with internship programs with NYC schools.

EDUCATION

Empire State College - BS, Social Work/ Community and Human Services, 2016

Mindfulness School - Mindful Fundamentals & Mindful Educator Essentials Certificate, 2014

Arts Student League of New York studied under Larry Poons 2000 -2002

New York Studio School NY 2003

International School of Photography - 1996 - 1999

Landmark Worldwide - Curriculum For Living, 1996 - 2000

Creative Hair Design School 1986 -1987

Tobe-Coburn - Fashion Business Leadership Program 1983 - 1985

Southern Connecticut State University - Associates Degree in Business, 1981 - 1984

RESIDENCIES + AWARDS

Rush Arts, Big Smile Project 2017
Mindful Education 2014 NY
Juror Award, "small works", New York University, NY
Honorable Mention, Soho Photo Gallery, NY
Connecticut Friends of Adopted Children, CT
Provincetown Art Association & Museum, MA

PUBLICATIONS + PRESS

I Hate Hating 2014
Oprah O magazine Color People Sculpture 2008
New NY Crossroads, Illustrations 2005
CD Cover, "Can I Count On You?", Richard Holley, NY 2005
Male Bonding Vol 2, David Aden Gallery, CA 1998

COMMUNITY PROJECTS

Lee House/ Breaking Ground, NY 2018
Jamaica Queens Arts Center, NY 2018
St Francis College Brooklyn, NY 2017
St. Charities Jubilee Senior Center, Brooklyn, NY 2015-18
Health Advocates for Older People, NY 2015
GLBT open mic, NY 2015
Trader Joe's Brooklyn Community Art Project, Brooklyn, NY 2014 -15
Academy for Young Writers High School, East NY 2014
Brooklyn Museum of Art, Brooklyn, NY 2014
Stanley Isaacs Center, NY 2014
Barnes and Noble, NY 2014
GPS Academy/ Summer Internship Program, NY 2013
Ideas City, New Museum Untapped Love, NY 2013
BMS Annual Health Summerfest, NY 2013
TPP/Grand Street Settlement, NY 2012
Earth School LYP Event, NY 2012
Fashion Tech, High School, NY 2012
FIGMENT, Governors Island, NY 2012-15
FLOW.12, Randall's Island, NY 2012
Art Basel, Miami, FL 2011-13
Festival of Ideas, 1,000 Hearts New Museum, NY 2010
Green Guerrillas Youth Mural, E. Harlem, NY 2002
Tamarand Foundation Children with HIV/AIDS, NY1998
Broadway Cares Foundation, NY 1997

SELECTED SOLO EXHIBITIONS

Big Smiles, Corridor Gallery, Brooklyn, NY 2017
Daphne Gallery, Brooklyn, NY 2017
Fabio Scalia Gallery, NY 2014-16
SideWalks Curated S. Schmerler, MM Project Space Gallery, NY 2012
I Hate Hating , Michael Mut Gallery, NY 2012
"and counting" 45 Main St. DUMBO, Brooklyn, NY 2006

"and counting" Denise Bibro Fine Art Gallery, NY 2005
Fly High outdoor installation, Savannah, GA 2003-06
Scrapings - Fairleigh Dickinson University, NJ 2005
Scrapings - Denise Bibro Fine Art Gallery, NY 2004
"Dickin Around" | One Little West 12th St. NY 2001
Relatedness, Soho Photo, NY 1998
The Hoofdzaak, Amsterdam, The Netherlands 1996

SELECTED GROUP EXHIBITIONS

Pelham Arts Gallery, NY 2018 -19
Denise Bibro Fine Art, NY 2018
The Living Gallery, Brooklyn, NY 2017
Sky Light Gallery (I Hate Hating), Brooklyn, NY 2016
Scope, Rush Art Gallery, NY 2015
BRIC Brooklyn Studio/Open Call, NY 2015
I Kan Do Dat, Long Island University, Brooklyn, NY 2014
Artistas De Loisaída, Tompkins Square Gallery, NY 2014
It's a Matter of Mind, MM Project Space, NY 2013
Untapped Love City Ideas/New Museum, NY 2013
AsymMEtry, MM Project Space, NY 2013
Sculpted Memory, Rush Gallery, Chelsea NY 2011
"small works" 80 Washington Square E. Gallery, NY
BWAC Outdoor Sculpture Show, Fulton Park Bklyn, NY
Earth Matters International Exhibition, TX 2008
SOMARTS Gallery, San Francisco, CA 2008
Gallery on the Green, Pawling, NY 2008
Albright-Knox Museum, Buffalo, NY 2004
CLAMPART Gallery, NY 2003
Wessel & O'Connor Gallery, NY 2001
Soho Photo Gallery, NY 2000

ART DONATION

Brooklyn Music Academy
Millennium High School, NY
Galli Theater, NY
Red Cross, NY
Visual Aids, NY
GLAAD, NY
Berkeley Carroll School, Brooklyn, NY
PhotoVoice, NY
Live Out Loud, NY
Miami Light Project, FL